## SOUTH CENTRAL DISTRICT FALL FIRE SCHOOL SEPTEMBER 16, 2018 PARKSTON FIRE DEPARTMENT NEW FIRE STATION – EAST MAIN

## Stress First Aid (SFA): For Firefighters and Emergency Services Personnel

The goal of SFA is to restore health and readiness after a stress reaction. SFA is a toolkit that emphasizes the importance of continuously monitoring the stress of fire and rescue personnel and to quickly recognize and appropriately help individuals who are reacting to stress and are in need of interventions to promote healing.

AM session – no class limit – SDFMO Deputy Mike Erickson

## Meth and Fentanyl Awareness

This class is designed to assist firefighters and first responders with identifying these dangerous narcotics and to be aware of the hazards they pose when exposed to them. The class will also provide information as to what level of PPE and respiratory protection is necessary when within the proximity of these products.

PM session – no class limit – South Dakota Division of Criminal Investigation

## High Angle/Low Angle Rope Rescue Awareness/Operations

Basic rope rescue skills involving vertical and horizontal movements. This will include skill development in knots, ropes, anchors, mechanical advantage systems, belay techniques, and patient packaging.

All day session – class limit 25 – eye protection, head protection, hand protection, structural or rescue PPE with appropriate foot-wear (no tennis shoes or street shoes) required. – Instructors to be announced

8:00 am – 9:00 am Registration

9:00 am – 12:00 pm Class

12:00 pm – 1:00 pm Lunch and business meeting

1:00 pm - ? Class

Registration fee is \$15.00 per student, payable to South Central District.

First 25 student registrations will be paid for by donations from *FIRE & IRON MC Station 49 SD1* For additional information and pre-registration contact: Ron Maeschen 605.770.2895

Come support the SC District and receive quality training and possibly free registration, and help the Parkston Fire Department celebrate their first event in their New Fire Station!!!